



ARNOLD LODGE

4 - 18 yrs Co-educational Independent Day School

ALS First Aid Policy (including EYFS)

Approved by the Directors: September 2017

Reviewed Annually

Next review date: September 2018

First Aid Policy

There are an increasing number of children attending schools with medical conditions. Schools, acting in loco parentis, have a duty to take reasonable care of children which includes the possibility of having to administer medicines and/or prescribed drugs. This may be required by pupils for regular medication or those requiring occasional dispensing of medicines. The school will make every effort to safeguard the health and safety of those pupils who may be more at risk than their peers due to existing medical conditions.

Introduction

The purpose of this First Aid Policy is to enable the school to effectively meet the requirements of the Health and Safety (First Aid) Regulations 1981 and in doing so to: Provide for the immediate needs and requirements of staff and students who have sustained either a serious or a minor injury; Ensure that adequate resources and arrangements are in place to deal with injuries / accidents as they arise; Ensure lines of communication with parents / guardians are in place if required; Activate a known plan of action with which all staff are familiar.

The School shall inform employees of the first-aid provisions made for staff, including the position of equipment, facilities and names of designated first aiders. The treatment of minor illness by the administration of medicines and tablets falls outside of the definition of first aid in the Regulations and the School will not permit the presence of any such medication in designated first-aid boxes. Please refer to the Storage and Administering of Medicines Method Statement for more information.

Definitions

'First aid' means medical treatment for an injured person for the purpose of preserving and stabilising life and minimising the consequences of injury or illness until further medical treatment can be administered.

'First aider' means: a person who holds a valid First Aid at Work Certificate or equivalent qualification.

Roles and Responsibilities

The overall responsibility for the day-to-day management of school rests with the Head Teacher.

The class teacher is responsible for classroom supervision and all staff on break duty are directly responsible for the supervision of pupils at break time. The school's Health and Safety Officer is the Business Manager.

The Head Teacher and Deputy Head Teacher are responsible for ensuring training is up to date.

Assessment of First-Aid Needs

The Head Teacher shall make an assessment of first-aid needs appropriate to the circumstances of the school. The Head Teacher will need to assess what facilities and personnel are appropriate, and to justify the level of first aid provision. Where necessary and relevant, all staff will be trained on how to administer certain aspects of first aid e.g. epi-pens.

Where the first-aid assessment identifies a need for employees to be trained as first aiders, the Head Teacher shall ensure they are provided in sufficient numbers at appropriate locations to enable first aid to be administered without delay should the occasion arise. All designated first aiders must re-qualify every 3 years. This means re-qualifying before the end of the third year when the certificate is no longer valid. It is the responsibility of the Senior Leadership Team (SLT) to ensure they are booked onto the course before cancellation of the certificate.

All staff will ensure that they have read the school's First Aid Policy, and sign the training record to say they have done this.

Management of First-Aid Equipment

It shall be the responsibility of Charlotte Liney (Office Manager) and Carl Zebrowski-Shemman (Site Manager) to ensure the provision of materials, equipment and facilities needed for the level of cover required. This will include ensuring that first-aid equipment, suitably marked and easily accessible, is available in the agreed designated areas listed below. Where additional or replacement material or equipment is required, staff should speak to Charlotte Liney about ordering more items immediately. Janine Hyde will also ensure that all out of date items are discarded and replaced. These need to be checked on a regular basis i.e termly. Although Charlotte and Carl are responsible for maintaining and checking the first aid equipment, it is also expected that before going on duty / on a school visit etc, first aiders shall take responsibility for ensuring their first-aid box and bag contents are sufficient.

Fixed and Portable First-Aid Boxes

All School first-aid boxes are coloured green and are identified by a white cross on a green background. This conforms to the Safety Signs and Safety Signals Regulations. The bags for trips are coloured grey and are labelled as fist aid bags. Each fixed box should be placed where it can be clearly identified and readily accessible.

Portable First Aid Boxes are located as follows:

Main Playground;

Junior Playground;

Main School Office;

Kitchen (inside main door by laundry);

Staffroom;

Main School outside room A5 / A6;

Food Technology room A4;

Science block S1 laboratory;

Sixth Form kitchen area;

Hall block outside room H4;

Nursery belonging to Prepcare;

Alkerton Building on the first floor inside the photocopier room;

Portable First Aid kits are taken on educational visits and are available from the Reception and PE Offices.

The boxes should contain a sufficient quantity of suitable first-aid materials. According to DFE guidance, as a minimum, First Aid Boxes should contain:

Guidance Card;

Contents List;

Medium Dressing;

Large Dressing;

Triangular Bandage;

Safety Pins;

Sterile Eye-pad ;

Sterile Dressings;

Alcohol Free Wipes;

Adhesive Tape;

Nitrile Gloves Pair;

Sterile Finger Dressing;

Resuscitation Face-shield;

Foil Blanket;

Burn Dressing;
Scissors / rounded;
Conforming Bandage;
Eyewash 250ml.

No medicinal substance or materials are permitted within a first-aid box. This includes items such as antiseptic sprays, lotions, suntan oil, etc.

Individually wrapped sterile moist wipes, not impregnated with alcohol or antiseptic, may be used.

Blunt ended stainless steel scissors should be kept in the boxes in case there is the possibility that clothing may have to be cut away prior to first aid treatment.

Where tap water is not available for use as eye wash only sterile water, sterile normal saline or sterile normal saline eye irrigation should be provided near the first-aid box. Eye baths / cups / refillable containers should not be used for eye irrigation.

Where medicines have to be held by the school for medical reasons, a separate lockable container must be used. This is in the school first aid room. A register of contents must be kept up to date.

First-Aid Rooms and Treatment Areas

According to DFE guidance, where first-aid needs to be administered in a room, it should be administered in the school first aid room or another room which will:

- be large enough to hold necessary equipment;
- have an easy clean facility, adequate heating, ventilation and lighting;
- be kept clean, tidy at all times;
- be positioned as near as possible to a point of access for transport to hospital;
- display a notice on the door advising of the names, locations and telephone numbers of first aiders;
- have a sink (with hot and cold water if possible);
- have drinking water and disposable cups;
- have soap and paper towels;
- have a suitable container (preferably foot operated) lined with disposable waste bags.

This means that, if needed, First Aid can also be administered in the playground, or near a first aid box but to a very basic level.

The first aid room at the rear of reception has:

- a store for first-aid materials;
 - a telephone or other communication equipment near by;
 - disposable gloves and aprons. These will be used to protect the first aider from contact with body fluids.
- 2x First-Aid Record Books for recording incidents where first aid has been given (1x children and 1x adults).
The record is removed and stored within a file after completion for safeguarding reasons.
At all times the dignity and feelings of the patient must be respected.

First-Aid Training

The Head Teacher and Deputy Head Teacher will arrange training for the qualification and re-qualification of first aiders.

Before being nominated the designated first aider will be identified by their line manager, a first aider must hold a valid First Aid at Work Certificate of competence or an equivalent qualification. A nominated Paediatric First-Aider will be allocated to each part of the school. All PE staff will be a qualified first-aider. In the event

of an unqualified person being nominated to be responsible for first-aid duties, they will be required to undergo a suitable course of training.

Provision of First Aiders

There shall normally be a minimum of 5x first aiders or appointed persons within the school between 8:55am and 3:25pm. At least one first aider will be on duty at playtimes and there will always be a first aider in the reception office in lesson time.

List of current first aiders is included in Appendix I and is displayed near each first aid box.

Consideration must also be made to ensure first-aid cover during absences, such as annual leave and sickness. This is the responsibility of the Head Teacher and Deputy Head Teacher.

Categories of Incidents and Procedures

Any pupil complaining of illness or who has been injured is sent to the School Reception for the qualified First Aider(s) to inspect and, where appropriate, treat. Constant supervision will be provided. Should the child be too ill to stay at school, parents should be contacted as soon as possible so that the child can be collected and taken home.

Minor Accidents and Injuries

The adult in charge initially looks after the injured party. If deemed necessary, a person other than the teacher will take the child to the 'First Aid Room', which is to the rear of the School Reception, or the bench in the playground. No medicines are administered but cuts are cleaned with sterile un-medicated wipes and bandages are applied if deemed appropriate. The use of disposable plastic gloves is mandatory at all times.

All accidents are recorded in the Accident Report Book by the first aider, parents are always contacted by telephone and a note in the case of a head injury (recording details of the incident / actions taken) is sent home.

Minor Cuts and Bruises

In all cases of injury it is understood that there is at least one adult present:

A first aider should administer first aid if appropriate. If the first aider is not available, any member of staff may clean the wound;

Class teacher is informed by the first aider;

Teacher / first aider observation is maintained;

Children are advised to show / tell parents.

Sprains/Bruises

A first aider should administer first aid if appropriate. If the first aider is not available, any member of staff may implement the process of rest, ice, compress and elevate;

If in doubt, parent/s are contacted;

Teacher / first aider observation is maintained.

More Serious Accidents and Injuries

If considered safe to do so, the injured party is taken to the First Aid Room. Parents are immediately informed, particularly if there is a suspicion of broken bones / head or eye injuries. The child is kept under close observation until parents arrive, with the emphasis on making the child as comfortable and as settled as

possible. Parents are then advised to take the casualty to hospital. If deemed necessary an ambulance will be called and medical treatment will be administered by the ambulance staff whilst waiting for parents to arrive.

Stings/Bites

If case is serious the parent/s are contacted – stings should be removed by a first aider.

Faints and Shocks

A first aider should administer first aid if appropriate. If the first aider is not available, any member of staff may implement the process of:

Lie the casualty down;

Raise the legs above the level of the heart;

If required place the casualty in the recovery position;

Loosen any tight clothing;

Ensure there is fresh air;

Keep crowds away;

Reassure casualty when they recover;

Contact parents – the pupil should go home.

Very Serious Injuries

In the event of a very serious injury, parents / guardians are immediately contacted. If the considered opinion of the staff is that immediate professional help is required, an ambulance is called. On rare occasions the staff may agree that taking the casualty to Accident and Emergency in a private car is a more prudent option particularly in the case of rapid blood loss. This should be on a voluntary basis and two members of staff should be within the vehicle. In such cases staff should ensure they have specific cover from their insurance company.

Parents are kept informed of developing situations. Very serious injuries are considered to be:

Severe Bleeding

Burns/Scalds

Unconsciousness

The event is subsequently recorded in the Accident Report Book

The First Aid Policy is based on collective teacher input. All staff automatically assist the teacher on break duty and the first-aider in the case of a serious injury.

First-Aid Record Keeping

It shall be the responsibility of the first aider or other nominated officer, to ensure that procedures are in place for the immediate recording of any injury as required by the Social Security Act 1975 and the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 1995..

After administering treatment, first aiders will ensure they adhere to the school arrangements for record keeping and accident reporting, as detailed below. Each first aider must receive appropriate instruction to enable them to carry out this responsibility during first-aid training.

All incidents, injuries, head injuries, ailments and treatment are reported in the accident book, kept in the office.

The information recorded will include
date, time and place of incident;
name and, where relevant, job title of the injured or ill person;
details of the injury / illness and what first aid was given;
what happened to the person immediately afterwards e.g. went home, went back to lessons, went to hospital, etc; and name and signature of the first aider or person dealing with the incident.

Parents are informed of a head injury by letter. The letter outlines the injury and symptoms to look out for.

The admin team contact parents by phone if they have concerns about the injury.

Staff should complete the adult accident book if they sustain an injury at work.

An injured member of staff or other supervising adult should not continue to work if there is any possibility that further medical treatment is needed. The member of staff or other supervising adult concerned should seek medical advice without delay.

Duty to Inform Staff of First-Aid Arrangements

All staff must be informed of the location of first aiders, appointed persons, equipment and facilities.

Charlotte and Carl must ensure that a notice giving the names of first aiders, their location and telephone number and the location of first-aid boxes, is posted in each of the following locations:

- Main Playground;
- Prep / Pre-prep Playground;
- Main School Office;
- Kitchen (inside main door by laundry);
- Staffroom;
- Main School outside room A5 / A6;
- Food Technology room A4;
- Science block S1 laboratory;
- Sixth Form kitchen area;
- Prep Hall block outside room H4;
- Nursery within Prepcare ;
- Pre-prep first floor inside the photocopier room;

Portable First Aid kits are taken on educational visits and are available from the Reception and PE Office.

Notices will be inspected and kept up-to-date by the Health and Safety Officer and Maintenance Manager as part of the regular health and safety inspections.



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APPENDIX I

Qualified First Aiders:

Name	Course taken	Date Taken	Renewal Date
Andrew Pollard	Paediatric First Aid and External Defibrillator	October 2015	October 2018
Tony Gear	Paediatric First Aid and External Defibrillator	October 2015	October 2018
Akash Bansal	Emergency First Aid at work	June 2014	June 2017
Kate Aston	Emergency First Aid at work	June 2014	June 2017
Susan Lilley	First Aid at work and Paediatric First Aid	July 2014	July 2017
Rebecca Smith	First Aid at work	September 2014	September 2017
Nicola Dixon	Paediatric First Aid	July 2014	July 2017
Gareth Isaac	Emergency First Aid	October 2013	October 2016

APPENDIX 2

Our First Aid Boxes are located in the:

Main Playground;

Junior Playground;

Main School Office;

Kitchen (inside main door by laundry);

Staffroom;

Main School outside room A5 / A6;

Food Technology room A4;

Science block S1 laboratory;

Sixth Form kitchen area;

Hall block outside room H4;

Nursery in Prepcare;

Alkerton building first floor inside the photocopier room;

Portable First Aid kits are taken on educational visits and are available from the Reception and PE Office.