Sister Cathy Morrell (centre) as well as being the Senior Sanatorium Sister, is a lieutenant in the CCF, and is also part of the PSHE team helping with the School programme on sexual education. Mother of two past pupils she is familiar with every aspect of Christ College and has a wealth of experience.

Sister Jo Copping (left) has worked in the Sanatorium for over twenty five years and has seen the San change from being run with only a Day Book to the efficient modern San it is today. All of her children were educated in Christ College.

Sister Sarah Cavenagh (right) is the latest to join the team. Mother of two young children, she is a friendly and approachable Nursing Sister with a wide variety of nursing experience.
There is a Registered General Nurse on duty 24 hours a day, 7 days a week, though the San is usually unmanned between 8.30 am and 6.00 pm on a Sunday with the Duty Sister on call.

The San is situated in a central position in the School, close to the Dining Hall and easily accessible for all pupils whether they wish to attend a surgery or come up for a quiet chat.

Students are registered with the local GP surgery - Brecon Group Practice. This is situated across the road from the school.

**Sister’s Surgeries:**

**Monday to Saturday**
- 7.00 am - 8.20 am
- 1.00 pm - 2.00 pm
- 5.30 pm - 7.00 pm

**Sunday**
- 6.30 pm

Surgery times are the same as meal times to enable pupils to come for their medication at the right time and ensure they get the full amount of medication they require during the day. It also means the San is quiet at other times for pupils who want a private chat between surgery hours.

**Dentist**
Pupils are encouraged to go to the dentist during the school holidays. For emergency treatment only there is a dental department in the War Memorial Hospital.

**San Assistants**
Mrs Jill Thomas works every day in the Sanatorium and provides assistance with the pupils. Jill Thomas, along with Karen Vallely, Mary Bullock, and Julie Scott -Jones provide cover escorting pupils to appointments and emergencies. All San Assistants have a valid First Aid certificate.
Medical Appointments (Consultant, x-ray, physiotherapy, etc.)
For appointments more than a few miles away we provide escorts if necessary. All our escorts have been police checked and are friendly, sensible people who are parents themselves and know the questions to ask, if necessary. They are responsible for relaying all issues raised from the appointment to the Sanatorium Sister.

Charges
Emergency appointments and appointments within walking distance of the School are escorted as part of the School service. Otherwise all charges incurred will be passed on to the parents.

Communication
It is very important that communication between parents and the Sanatorium is good. Each holiday parents are asked to fill in a health certificate form. This keeps us informed of any illnesses or change of circumstances, etc. The telephone and e-mail address is above. Please always feel free to ring the Sanatorium.

Vaccinations
Diphtheria/Tetanus/Polio and Meningitis ACWY are offered to all Year 9 pupils each year, HPV to all girls in Year 8, and Influenza to certain pupils. The vaccinations are administered by Powys School Health Department under the supervision of the Sanatorium. Consent forms are always sent to parents and it is important that they are returned as soon as possible. If pupils are going abroad we can organise their travel vaccinations in the local surgery across the road. The vaccinations will be offered to all those applicable as long as they are registered with our local practice, otherwise parents will need to organise these with their local GPs.