



Learn To *Swim* With Culford

## **Culford Sports & Tennis Centre**

**Are Running A 15 Week Course**

**Starting the Monday 2nd September 2019**

**At Culford we run a top level program with a team of highly experienced and fully qualified teachers. Our lessons are term time only and lessons start at £5.00 per lesson.**

**We start from non swimmers through to competitive swimming.**

**All our lessons are in a fun and friendly environment.**

- ◆ Course Costs: Members     £75.00 per child 1/2 hour sessions  
   £90.00 per child 1 hour session  
Non Members £82.50 per child 1/2 hour session  
   £93.75 per child 1 hour session
- ◆ Half Term break will be week commencing 21st October 2019
- ◆ Fun swim week commencing Monday 16th December 2019
- ◆ Reenrolment for current swimmers starts Monday 9th December 2019
- ◆ Bookings for new swimmers starts Monday 23rd December 2019
- ◆ Course ends Sunday 22nd December 2019

# Classes

## Tuesday

5.30 - 6.00PM	STAGE ONE	STAGE SIX	STAGE TWO
6.00 - 6.30PM	STAGE FOUR	STAGE FIVE	STAGE THREE

## Wednesday

5.00 - 5.30PM	STAGE TWO		
5.30 - 6.00PM	STAGE THREE	STAGE FIVE	STAGE FOUR
6.00 - 7.00PM	STAGE SIX (Half Hour)	STAGE EIGHT	STAGE SEVEN

## Friday

5.00 - 5.30PM	STAGE TWO	STAGE ONE	STAGE FIVE
5.30 - 6.00PM	STAGE THREE	STAGE FOUR	STAGE SIX
6.00 - 6.30PM	STAGE SIX	STAGE FIVE	STAGE THREE
6.30 - 7.30PM	STAGE SEVEN	STAGE EIGHT	STAGE NINE
7.30 - 8.30PM			STAGE TEN

## Saturday

8.30 - 9.00AM	STAGE TWO	STAGE FOUR	STAGE SIX
9.00 - 9.30AM	STAGE ONE	STAGE ONE	STAGE FIVE
9.30 - 10.00AM	STAGE THREE	STAGE FOUR	STAGE SEVEN
10.00 - 10.30AM	STAGE TWO	STAGE SIX	STAGE SEVEN
10.30 - 11.00AM	STAGE THREE	STAGE FIVE	STAGE FOUR

## Sunday

8.30 - 9.00AM	STAGE TWO	STAGE FIVE	STAGE FOUR
9.00 - 9.30AM	STAGE ONE	STAGE ONE	STAGE FIVE
9.30 - 10.00AM	STAGE THREE	STAGE SIX	STAGE SEVEN
10.00 - 10.30AM	STAGE THREE	STAGE FOUR	STAGE SEVEN
10.30 - 11.00AM	STAGE TWO	STAGE FIVE	STAGE FOUR

Culford Sports & Tennis Centre, Culford, Bury St Edmunds, Suffolk, IP28 6TX

Sports Centre Reception Telephone: 01284 385370 [www.culford.co.uk](http://www.culford.co.uk)