



Harlington Upper School

Headteacher
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Dear Parent / Carer

Sex and Relationships Education (SRE) in Personal Development / Values lessons

Harlington's Personal Development curriculum covers a large range of topics and includes lessons on Health, Safety, Identity, Careers, Substance Misuse, Citizenship, and Sex and Relationships Education (SRE).

The SRE lessons are taught in an age appropriate way and the teaching starts from the summer term in Year 9 and will continue into Years 10 and 11. The content will consist of safe and respectful relationships, recognising and avoiding risk, STIs, contraception, the benefits of delaying sexual relationships, and sexuality. I am sure that you'll agree that the provision of good, timely and effective information is the very best way to keep the students safe and to empower them to make responsible decisions.

If you would like more information about the content of the course please feel free to contact me or Mrs G Billin to discuss any aspects of SRE or the Personal Development course. In addition, if you feel strongly that you do not want your son/daughter to take part in the Sex and Relationships Education lessons then please contact me by email. However, I would urge you not to withdraw them unless you have very strong feelings about the subject, as in my experience this can leave students very vulnerable if they have not got a thorough understanding of how to stay safe.

Regards,

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