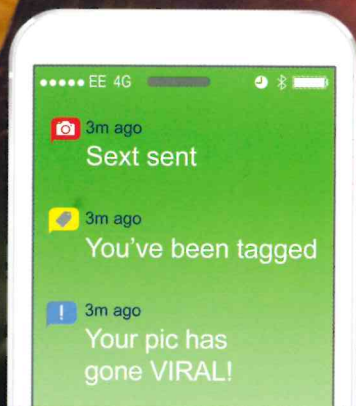


Sexting

Private, Not Private?

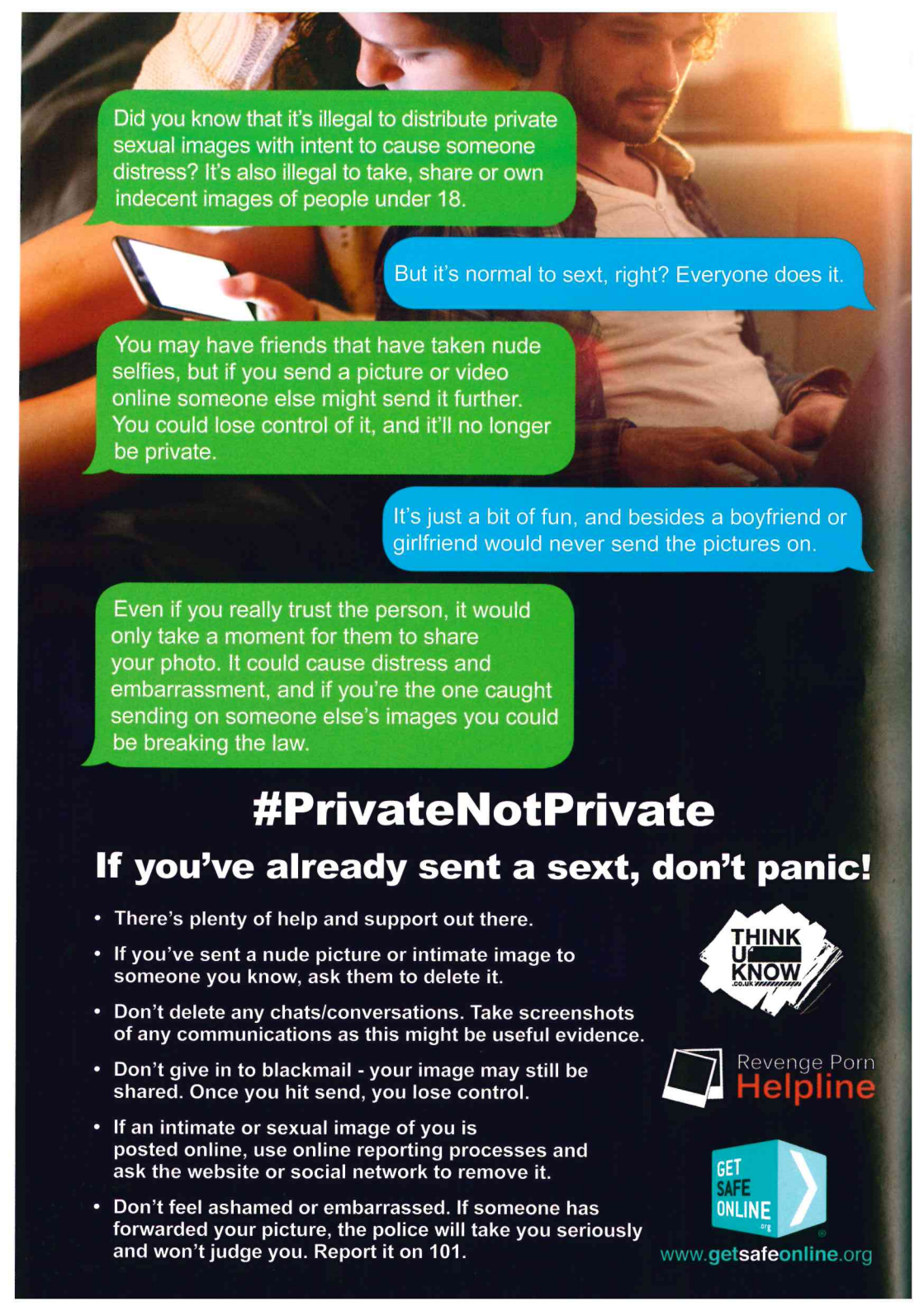


Once you hit send, you give up control

For more information about sexting and cyber crime, call **101** and ask for the Cyber Hub or visit

www.bedfordshire.police.uk





Did you know that it's illegal to distribute private sexual images with intent to cause someone distress? It's also illegal to take, share or own indecent images of people under 18.

But it's normal to sext, right? Everyone does it.

You may have friends that have taken nude selfies, but if you send a picture or video online someone else might send it further. You could lose control of it, and it'll no longer be private.

It's just a bit of fun, and besides a boyfriend or girlfriend would never send the pictures on.

Even if you really trust the person, it would only take a moment for them to share your photo. It could cause distress and embarrassment, and if you're the one caught sending on someone else's images you could be breaking the law.

#PrivateNotPrivate

If you've already sent a sext, don't panic!

- There's plenty of help and support out there.
- If you've sent a nude picture or intimate image to someone you know, ask them to delete it.
- Don't delete any chats/conversations. Take screenshots of any communications as this might be useful evidence.
- Don't give in to blackmail - your image may still be shared. Once you hit send, you lose control.
- If an intimate or sexual image of you is posted online, use online reporting processes and ask the website or social network to remove it.
- Don't feel ashamed or embarrassed. If someone has forwarded your picture, the police will take you seriously and won't judge you. Report it on 101.



Revenge Porn
Helpline



www.getsafeonline.org