

Kit Required – D of E Expeditions

The following items are to be provided by all candidates.
1 – 3 season walking boots / shoes.
Water bottle (at least 1 litre)
Warm walking socks x 3
a fleece top / appropriate warm clothing for evenings
Warm woolly / fleece hat & gloves for evening
Toilet paper or Wet wipes
Head Torch or small pocket torch.
Knife / Fork / Spoon
Packed food / snacks e.g., snacks for each day
Extra chocolate / rations / sweets
Matches (sealed in a dry container)
Washing up materials inc. small Tea Towel x 1
Food for evening meals and breakfast (lightweight and Nutritious).

The following items are provided by the school from stock if required
65 litre Rucksack
Waterproof Jacket and Trousers
3 Season sleeping bag
Mummy Bag liner
Waterproof Rucksack liner
Sleeping Mat
Cooking Pots or Mess Tins
Pocket Stove and fuel.
Tents x 2 person or 3 person depending on team size
First Aid Kit x 1 per group
Plastic Survival Bag x 1 per group.
Plastic Bags for Rubbish
Water Container – for collecting water at the campsite
Map, compass + map case
1:25000 Outdoor leisure map