



Lunch Week One

Monday

Tuesday

Wednesday

Thursday

Friday

Homemade Pizza
Pepperoni or Margarita

BBQ Chicken
Breast

Roast Gammon
with Gravy

Beef Lasagne

Breaded MSC
Cod fish fingers
With low Sugar
Tomato Sauce

Available Daily:

- Homemade Soup
- Chunky Whole meal Bread
- Fresh Salad and Crudités
- Baked Jacket Potato
- Homemade fruit Yogurt
- Fresh Fruit

Quorn Lasagne

Feta and Spring onion
Quiche

Falafel Burger in a
whole meal Bap

Cannelloni with Ricotta
cheese

Lentil Potato & Green
bean Curry
With Fluffy Rice



New Potato Salad
Cucumber Sticks

Fluffy Rice
Sweetcorn and red
pepper

Roast Potatoes
Fresh Broccoli Trees

Garlic Bread
Mixed Leaf salad with
olives

Oven Baked Chips
Minted new potatoes
Garden Peas & Green
Beans

Mango Sponge with
Vanilla Sauce

White Chocolate &
Cranberry Rice Crispy
Cake

Frosted Carrot Cake

Homemade Red
Cheery Cheese Cake

Vanilla Ice-Cream with
Fresh Strawberries



Lunch Week Two



Monday

Tuesday

Wednesday

Thursday

Friday

Penne Pasta
With Three Cheese
Or Basil and Tomato
Sauce

Piri Piri
Chicken Thighs with
Homemade Sauce

Chili Beef Burritos with
Sour Cream

Sweet & Sour
Pork Chow main

MSC Breaded cod Fillet
With
Lemon Mayonnaise

Available Daily:

- Homemade Soup
- Chunky Whole meal Bread
- Fresh Salad and Crudités
- Baked Jacket Potato
- Homemade fruit Yogurt
- Fresh Fruit

Made to Order
Tomato & Red onion
Free range egg
Omelette

Mediterranean
Vegetable Galette

Wild mushroom
Risotto with Parmesan
Shavings

Spicy Bean and
Avocado Wrap

Tofu in Black bean
sauce with Noodles



Crunchy Sweetcorn
Savory Cabbage

Steamed Rice
Fresh Carrot Batons

Homemade Tomato
Salsa & Mixed leaf

Chinese Noodles
Stir fried vegetables

Oven Baked Chips
Steamed New potatoes
Low Salt Baked Beans

Pineapple Upside
Down Cake
With Custard

Avocado & Chocolate
Bites

Lemon Drizzle Loaf

Peaches and Meringue
with Double cream

Fruity Tea Cake



Lunch Week Three



Monday

Tuesday

Wednesday

Thursday

Friday

Butchers Prime
Pork Sausages

Teriyaki Chicken

Roast Beef

Pork Ragu With
Parmesan
Cheese

MSC Cod Fish Fingers
Low Salt Tomato Sauce

Quorn And Spinach
Ragu

Curly Kale & Lentil
Lasagne

Yorkshire Puddings
Gravy & Horseradish
Sauce

Courgette Pancakes
Filled with Feta and
Red Peppers

Goats Cheese sundried
Tomato & sweet red
onion Parcel

Available Daily:

- Homemade Soup
- Chunky Whole meal Bread
- Fresh Salad and Crudités
- Baked Jacket Potato
- Homemade fruit Yogurt
- Fresh Fruit



Steamed or Mash
Potatoes
Garden Peas & Green
Beans

Braised Rice
Cauliflower

Roast potatoes
Steam Broccoli

Spaghetti
Sweetcorn &
Asparagus Tops

Homemade small cut
Potato Wedges
Mushy Peas

Cheddar Chees Pieces
With Crackers Celery
and Red Onion
Chutney

Summer Berry Crumble
and Custard

Strawberries Jelly
Pots

Raspberry Jam
Doughnuts

Homemade Individuals
Lemon Mouse

