



Lunch Week One

Monday

Tuesday

Wednesday

Thursday

Friday

MACARONI WITH
MOZZARELLA
CHEESE OR
TOMATO AND
BASIL BAKE

FIVE BEAN
HOTPOT
WITH CRISPY
POTATO
TOPPING

MILD CHICKEN
CURRY

QUORN AND BABY
SPINACH
LASAGNA

BEEF BOLOGNAISE

HALLOUMI AND
MEDITERRANEAN
VEG KEBABS WITH
PITTA BREAD

HOISIN PORK

FREE RANGE EGG,
POTATO AND RED
ONION FRITTATA

BREADED MSC
COD FISH
FINGERS WITH
HOMEMADE
TOMATO DIP

BUTTON
MUSHROOM AND
LEEK RISOTTO

Available Daily:

HOMEMADE SOUP
CHUNKY WHOLE
MEAL BREAD
FRESH SALAD &
CRUDITÉS
BAKED JACKET
POTATOES
HOMEMADE FRUIT
YOGURT
FRESH FRUIT POTS

SWEETCORN AND
RED PEPPER

STRAWBERRY
JELLY WITH
FRESH
BLUEBERRIES

FLUFFY RICE
GARDEN PEAS AND
YELLOW SWEET
PEPPERS

APPLE AND
RHUBARB
CRUMBLE WITH
CUSTARD

SPAGHETTI
FRESH BROCCOLI TREES
GARLIC BREAD

FRUITY FLAPJACK

EGG NOODLES WITH
CARROT BATONS
AND PAK-CHOI

AUTUMN FRUITS
WITH POURING
CREAM

CHUNKY CHIPS
MINTED NEW
POTATOES
LOW SALT BAKED
BEANS

HOMEMADE
CRANBERRY AND
WHITE CHOCOLATE
COOKIES



Lunch Week Two



Monday

Tuesday

Wednesday

Thursday

Friday

ROSEMARY AND
THYME BEEF
CASSEROLE

ROOT VEGETABLE
PASTA BAKE

BUTCHER'S PRIME
PORK SAUSAGES
WITH ONION
GRAVY

BUTTERNUT
SQUASH AND
CAMELISED RED
ONION QUICHE

HERB ROAST
CHICKEN WITH
GRAVY

LENTIL AND
OREGANO COTTAGE
PIE

TENDER BEEF
MEAT BALLS
IN A TOMATO
AND BASIL SAUCE
WITH PARMESAN
CHEESE

SWEET CHILLI
AND GINGER
QUORN PIECES
WITH EGG
NOODLES

BREADED MSC
BAKED COD FISH
WITH LEMON
MAYONNAISE

FETA MIXED BEAN
SALSA WRAP

Available Daily:

HOMEMADE SOUP
CHUNKY WHOLE
MEAL BREAD
FRESH SALAD &
CRUDITÉS
BAKED JACKET
POTATOES
HOMEMADE FRUIT
YOGURT
FRESH FRUIT
POTS

MASH OR
STEAMED
POTATOES
FRESH BROCCOLI
TREES

HONEY AND
APPLE CAKE

MASH POTATO
FRESH STEAMED
CAULIFLOWER

CINNAMON RICE
PUDDING WITH A
SELECTION OF
JAMS

ROAST POTATOES
PEAS AND
FRESH CARROTS

PEAR AND
CHOCOLATE
SPONGE WITH
VANILLA SAUCE

PENNE PASTA
SWEETCORN AND GREEN
BEANS

STICKY TOFFEE PUDDING
WITH CUSTARD

CHUNKY POTATO
WEDGES

LOW SALT BAKED
BEANS

FROSTED CARROT
CAKE



Lunch Week Three



Monday

Tuesday

Wednesday

Thursday

Friday

MILD CHILLI CON CARNE
SOUR CREAM AND CHEESE

QUORN SAUSAGES
MASHED POTATO AND GRAVY

CHICKEN BURGERS IN A SEEDLESS BUN
LOW SALT TOMATO SAUCE

MEDITERRANEAN STUFFED MUSHROOMS
TOPPED WITH MOZZARELLA

ROAST BEEF WITH YORKSHIRE PUDDING & GRAVY

CREAMY SPINACH CHICK PEA AND LENTIL CURRY WITH RICE

HOMEMADE PIZZA PEPPERONI OR MARGARITA

VEGETABLE BEAN AND GOATS CHEESE BURRITOS

BREADED COD FILLET WITH LEMON WEDGE & TARTARE SAUCE

CAJUN HALLOUMI CHEESE COOKED IN A TOMATO SAUCE WITH COUS COUS

Available Daily:

HOMEMADE SOUP
CHUNKY WHOLE MEAL BREAD
FRESH SALAD & CRUDITÉS
BAKED JACKET POTATOES
HOMEMADE FRUIT YOGURT
FRESH FRUIT POTS

STEAM RICE
SWEETCORN
PAN FRIED LEEKS

APRICOT STEAM SPONGE WITH CUSTARD

CHEESE AND COLESLAW

CHERRY ICE-CREAM WITH WAFERS

ROAST POTATOES
FRESH CARROT BATONS

FAIRTRADE BANANA CAKE

TOMATO AND CUCUMBER SALAD
COLESLAW

APPLE AND CINNAMON CRUMBLE WITH CUSTARD

CHUNKY CHIPS
NEW POTATOES
GARDEN PEAS

BLACKBERRY CHOCOLATE BROWNIE

