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Dear Parents

**Re: How we use the PE and Sports grant from the government**

As a school we decided to raise the profile of our sports and sports teams, particularly as the school now has enough children to compete in tournaments and competitions. Research shows that a healthy body is closely linked to a healthy mind and the positive emotions across the whole school when we have successful sports teams, is almost tangible.

To do that we need to have the best teaching/coaching that is available and so we employ Onside Coaching for that purpose. Their coaches offer a variety of activities and have the expertise to develop our sports stars of the future to the best of their ability.

On Mondays, all children in Reception, Year 1 and Year 2 receive a one hour P.E. lesson with the coaches, followed by a free after-school Multiskills club.

On Thursdays, all the children in Year 3, 4, 5, and 6 have the same opportunity.

We have been delighted with the high attendance at the Multiskills after-school clubs.

As the coaches are the experts, we rely on their knowledge to pick any school teams.

Many schools charge a fee for this great after-school opportunity but the grant allows us to offer it as a no-cost option. Before long, the cups and trophies will come rolling in!