






# Year 7: ASK Yourself!

Subject: Life Skills  
Unit: The Smarts

|  | Launching<br>1-2   | Developing<br>3-4  | Progressing<br>5-6   | Mastering<br>7-9  |
|--|--|--|--|---|
|  <b>S</b> kills             |    |  |  |   |
| <b>Independence</b>  | I need to be able to work productively on my own.                                    | With occasional help to focus I can work productively on my own.                                     | I enjoy working independently, with good results.  | I am successful when working independently and enjoy setting myself challenging targets.  |
| <b>Literacy</b>  | I need to increase my awareness and use of literacy techniques.                      | With support I am becoming aware of literacy techniques that would support my learning.              | I regularly use literacy techniques to underpin my learning.   | I successfully use literacy techniques to underpin and further my learning.   |
|  <b>K</b> nowledge        |  |  |  |   |
| <b>The Smarts</b><br><br> | I need to understand what the Smarts are and appreciate how I am 'smart'.            | I understand what the Smarts are and can explain why people have different strengths and weaknesses. | I understand how I am 'smart' and appreciate that developing both strengths <b>and</b> weaknesses is key to becoming a successful learner. | I <i>effectively</i> apply my Smarts in <b>ALL</b> lessons. I can identify ways to develop my strengths <b>and</b> weaknesses. I recognise the strengths and weaknesses of others and am responsible when selecting who to work with and how to work with them. |