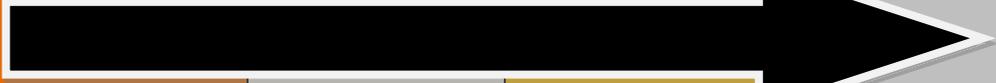


Year 9: ASK Yourself!

Subject: Design and Technology - Food Technology

Unit: Health & Safety

	Launching 1-2	Developing 3-4	Progressing 5-6	Mastering 7-9
 S skills				
Identifying Risk	I need to be able to pay more attention to working safely in the food room. I need to follow the health and safety rules more efficiently so that everyone can be safe.	I can usually keep myself safe when working in the food room. I still need to develop the skill of keeping others safe when working in this area.	I can confidently apply the skill of keeping myself and others safe when working in the food room. I can see potential risks/ dangers and can point them out to my teacher.	I can expertly apply the skill of how to keep myself and others safe when working in the food room. I can spot risk/danger and know how to minimise it.
 K knowledge				
Awareness of the Food hygiene and Health & Safety Rules	I need to learn more of the food how to keep myself, food and equipment clean	I know what cross contamination means and how to prevent it	I know what the temperatures of a fridge and freezer are and can name the 3 types of contamination	I know and understand why food has to be stored and cooked properly and can name types of bacteria associated with incorrect procedures.
Knowledge Related to Ovens and Electrical Equipment	I need to learn the names of the different types of electrical equipment and the difference between the electric and gas ovens.	I know some of the names of the most common pieces of equipment, e.g. The hand whisk.	I know the name of each piece of electrical equipment in the food room. I know how to use my own oven and hob.	I know the name of each piece of electrical equipment and how to use them. I know how to turn on the ovens and hobs and use them safely. (gas and electric)
Knowledge Related to Sharp Knives, Peelers, Can Openers used in the Food Room	I need to learn the names of each hand piece of equipment I use.	I know how to use some of the equipment and can use them safely with assistance.	I know how to use all the equipment safely and independently.	I know how to use all the equipment safely and independently with precision.

