

St Hugh's School

W/C – 11th March 2019

PALMER & HOWELLS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack	Freshly Baked Mini Pain au Chocolat	Sun Ripened Tomato and Herbs de Provence Palmier	Coconut and Cranberry Flapjack	Cheese and Pickle Toasts	Marshmallow Rice Crispy Bar
Soup	Curried Cauliflower Soup	Cream of Mushroom Soup with Roasted Garlic and Flat Leaf Parsley	Carrot and Coriander Soup	Cock-a-Leekie Soup	Cream of Butternut Squash and Sweet Potato Soup
Lunch	<p>Chunky Pork Chilli Con Carne</p> <p>Mexican Spiced Quorn and Bean Tortilla Bake</p> <p>Black Bean Yellow Rice</p> <p>Mexican Baby Corn and Roasted Red Peppers</p>	<p><u>Roast Tuesday</u> Roast Breast of Chicken with Pigs in Blankets and Bread Sauce</p> <p>Layered Autumn Vegetable and Butterbean Bake</p> <p>Crisp Maris Piper Roast Potatoes</p> <p>Cauliflower Cheese</p>	<p>Thai Style Turkey Stir Fry with Lemongrass, Ginger and Coconut Milk</p> <p>Thai Pumpkin and Sweet Potato Curry with Coriander, Kaffir Lime Leaves and Roasted Spiced Cauliflower</p> <p>Thai Style Noodles</p> <p>Prawn Crackers</p>	<p>Cumberland Sausage in a Rich Red Onion Gravy</p> <p>Vegetarian Sausage in a Rich Red Onion Gravy</p> <p>Creamed Potatoes</p> <p>Panache of Buttered Vegetables</p>	<p><u>Burger Bar Friday</u> 4oz Beef Burger</p> <p>BBQ Hunters Baked Portobello Mushroom with Mediterranean Vegetables and Mozzarella</p> <p>Jacket Wedges</p> <p>Caesar Salad</p>
Light Lunch	Crispy Coated Calamari with a Salsa Verde Mayonnaise	Blackened Cajun Beef Nachos with Sour Cream, Salsa and Monterey Jack Cheese	Chilli and Lemon King Prawn Linguine with Cherry Tomatoes and Garlic Bruschetta	Cauliflower Cheese and Bacon Quiche with Blushed Tomatoes	Sticky Mongolian Lamb Noodle Stir Fry with Toasted Sesame Seeds
Dessert	Oat Topped Pear Crumble with Vanilla Custard	Strawberry Jelly with Raspberries	Banoffee Cheesecake	Red Cherry Pie with Vanilla Custard	Chocolate Rice Pudding
Afternoon Snack	West Country Cheddar and Digestive Biscuits	Double Chocolate and Cherry Brownie	Parmesan and Pesto Cheese Straws	Sunflower Seed and Apricot Cookies	Honey Glazed Cumberland Chipolatas

