

TUESDAY 3RD OCTOBER 2017

09.00 – 16.00

ST SWITHUN'S SCHOOL IS PLEASED TO HOST

Gaining Resilience In Pupils



Getting to GRIP with well-being and resilience in the classroom

A conference prompted by Theresa May's mental health reform in January to consider wellbeing strategies, policies and procedures that can help teachers consider wellbeing and resilience across education

KEYNOTE SPEAKERS



Dr Sue Roffey (Western Sydney University and Growing Great schools)

Why Wellbeing?



Emma Judge (How to Thrive)

An introduction to wellbeing. The role of educators.



Dr Hagell (Association for Young People's Health)

Time trends in adolescent wellbeing.

Also including presentations and workshops from Dr Mary Mitchell (Eton College), Dr Aric Sigman, Jo Morgan (The Portsmouth Grammar school), Clare Erasmus (The Magna Carta School), Pascal Suntah (J and C Education), Mathew Audley (Place2be Senior Clinical Trainer), Dr Rowan Brockman (The WISE project), Dr Helen O'Connor (St Swithun's School).

[REGISTER YOUR ATTENDANCE CLICK HERE](#)



**GETTING TO GRIP WITH
RESILIENCE AND IMPROVING
WELL BEING (GRIP)**

**A CONFERENCE FOR
SECONDARY SCHOOL
TEACHERS AND PASTORAL
STAFF**

**KEYNOTE SPEAKERS AND
WORKSHOPS**

**WHERE: ST SWITHUN'S
SCHOOL,
ALRESFORD ROAD,
WINCHESTER, SO21 1HA**

**DATE & TIME: 3RD OCTOBER AT
9AM**

**COST: EARLY BIRD RATE £85
BEFORE 30TH JUNE. DAY RATE
AFTER 30TH JUNE £95**

**CONTACT:
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