


DofE Expedition Kit List — Bronze

This is not a normal kit-list — it's the *minimal* kit-list.

If it's on the list, **you won't be allowed on the expedition** if you don't have it.

Personal

- Clothes to wear on day 1, including a jumper
- Walking boots
- Waterproof top and waterproof trousers
- 1 Complete change of clothes: 

So you can sleep in dry clothes and then wear them the next day.

 - Undies
 - Socks
 - T-shirt
 - Trousers (no jeans)
 - Jumper
- 2 or 3 season sleeping bag
- Roll mat
- Bin bags to keep things dry (at least 3)
- 50 – 65 litre rucksack
- Water bottle (1.5 litre minimum)
- Snack food
- Torch with fresh batteries
- Emergency contact number
- First Aid kit - **Basic personal use**

Shared

- Tent *
- Wristwatch
- Food for 2 days, including a hot meal on day 1
- Stove and fuel *
- Matches (in waterproof bag)
- 2 Maps *
- Compass *
- Emergency mobile phone, fully charged

* **Supplied by School**

Other (depending on circumstances)

- Personal medication / First Aid
- Sanitary towels / tampons and nappy bags for carrying used ones
- Woolly hat
- Gloves
- Sun cream
- Sun hat

There will certainly be extras you want to add — toiletries, mug, spoon. They're not on the list because they're things that you can do without and still be safe to continue.