



The Mall School

# Summer Menu

**Week One**  
 24/04/17  
 15/05/17  
 12/06/17  
 3/07/17

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**The Main Event**

Sweet & Sour Pork

Chinese Chicken,  
 Bamboo Shoots,  
 Spring Onion &  
 Baby Corn

Roast Gammon  
 with gravy

Beef Burgers  
 In a Bun

Cod Bites with  
 Crème Fresh

**Meat Free Zone**

Mixed Beans  
 Casserole

Quorn with Peppers,  
 Broccoli, Spring Onion  
 in a Black Bean sauce

Spinach & Feta  
 Strudel

Veggie Burgers  
 In a Bun

Minced Quorn  
 Quesadilla

**and to go with**

Summer Vegetables  
 Noodle's

Sautéed Pak Choy  
 Steamed Rice

Steamed Broccoli  
 Roast Potatoes

Salad  
 Sweetcorn  
 Roasted New Potato

Peas  
 Potato Wedges

**Pasta or Jacket  
 potato Bar or  
 Daily Special**

**Pasta**  
 Macaroni Cheese

**Jackets**  
 Tuna & Sweetcorn

**Pasta**  
 Thai Chilli sauce

**Jackets**  
 Spicy Chicken  
 Curry

**Pasta**  
 Tomato Basil &  
 Coriander

**Main Salad  
 Option**

Sliced Turkey

Smoked Mackerel

Cheese Pinwheels

B.B.Q Chicken

Sausage Salad

**Puddings**

Apple & Pear crumble  
 with custard

Banoffee Pie

Treacle Toffee Pudding  
 with  
 Custard

Chocolate &  
 Banana Brownies

Chocolate Chip  
 Cookies

Natural Yogurt  
 with Honey

Fresh Fruit Salad

Sliced Peaches

Grapes

Sliced Melon





The Mall School

# Summer Menu

**Week Two**  
 1/05/17  
 22/05/17  
 19/06/17  
 10/07/17

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**The Main Event**

Chicken Korma

Beef Lasagne

Roast Lamb with  
Mint Sauce & Gravy

Pizza  
Pepperoni

Battered Cod  
with Tartar sauce

**Meat Free Zone**

Sweet Potato  
& Lentil Dhal

Spanish Frittata

Mushroom Risotto  
with Parmesan  
Cheese

Pizza  
Margarita

Tomato & Basil  
Quiche

**and to go with**

Sugar Snap Peas  
  
Rice  
  
Naan bread

Cauliflower Cheese  
Garlic Bread  
Herb New Potatoes

Steamed Carrots  
  
Roast Potatoes

Sweetcorn  
  
Herb Diced Potatoes

Roasted Vegetables  
  
Mushy Peas  
  
Chips

**Pasta or Jacket  
potato Bar or  
Daily Special**

**Pasta**  
In a creamy mushroom  
sauce

**Jackets**  
Sausage and Onion  
Filling

**Pasta**  
With a rich tomato  
Sauce

Salmon with a  
Sweet Chilli Glaze  
with Vegetables &  
Noodles  
**Jackets**

**Pasta**  
Vegetable  
Bolognese

**Main Salad  
Option**

Cheese Ploughman's

Coronation Chicken

Tuna & Sweetcorn Wraps

Sliced Ham

Sliced Turkey

**Puddings**

Apple & Raspberry  
Crumble with Custard  
  
Pineapple

Orange Drizzle Cake  
  
Fruit Smoothies

Fruit Flapjacks  
  
Strawberry Cheese Cake

Sultan & Lemon  
Sponge with Custard  
  
Fresh Fruit Salad

Jam Doughnuts  
  
Peaches



The Mall School

# Summer Menu

**Week Three**  
**8/05/17**  
**5/06/17**  
**26/06/17**

MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY

**The Main Event**

Honey Glazed Chicken

Beef Strips with Oriental Vegetables in a Hoisin Sauce

Roast Turkey with Cranberry Sauce & Gravy

Cumberland Sausages

Gluten & Dairy Free Fish Fingers

**Meat Free Zone**

Stuffed Roasted Peppers

Chinese Stir Fry Vegetables with Tofu

Muffins with Poached egg And Spinach muffins

Quorn Sausages

Vegetable Quorn Enchiladas topped with Cheese

**and to go with**

Green Beans  
Noodles

Peas  
Steamed Rice

Steamed Carrots  
Roasted Potatoes

Baked Beans  
Mash Potatoes

Sweetcorn & Peppers  
Chips

**Pasta or Jacket potato Bar or Daily Special**

**Pasta**

Spinach Ricotta Bake

**Jackets**

Chicken Fricassee

**Pasta**

Sundried Tomato Pesto

**Jackets With Cheese**

**Pasta Arrabiatta Sauce**

**Main Salad Option**

Cheese & Chive Wraps

Sausages Rolls

Sweet Chilli Chicken

Mini Cheese Chive Quiches

Roasted Beef

**Puddings**

Marble Cake with Vanilla Sauce

Watermelon

Chocolate Pudding With Chocolate Sauce

Fresh Fruit Salad

Blueberry & Honey Cake with Vanilla Sauce

Chocolate Mousse

Chocolate Rice Krispie Cake

Raspberry Jelly with Cream

Ice Cream with Wild Berries

Peaches

