

## Uppingham School

### Hockey Tour Provisional Itinerary Germany & Holland October 2013

#### Saturday 19 October

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- 1700 hrs** Depart UPPINGHAM SCHOOL and transfer to HARWICH where you will arrive in good time to check in to your overnight ferry crossing with Stena Line. You will be accommodated in cabins with dinner and breakfast included.
- 2215 hrs** Check in to Stena Line ferry from HARWICH to THE HOOK OF HOLLAND (36 PASSENGERS ON THE OUTBOUND).
- 2315 hrs** Ferry departs to the Hook of Holland.  
Dinner and overnight aboard the ferry.

#### Sunday 20 October

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- Enjoy breakfast on board.
- 0745 hrs** Ferry arrives at the Hook of Holland.  
Re-board your coach and continue your journey through HOLLAND into GERMANY and on to HEIDELBERG, where you will be based in a hostel for twonights on a half board basis.  
A representative from OTEVS will meet you at the hostel and assist with check in and run through the German section of the itinerary.  
Settle into your accommodation and then transfer to a local Astroturf for a TRAINING SESSION (1 hour) amongst yourselves.  
Dinner at the hostel.

#### Monday 21 October

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- Breakfast at the hostel.
- tbchrs** Transfer to a local Astroturf for a TRAINING SESSION (90 mins)
- tbchrs** TRAINING SESSION

Return to the hostel.

Lunch

Later in the day transfer to play the first matches of the tour.

**tbchrs MATCH 1 v UPPINGHAM SCHOOL Boys**

**tbchrs MATCH 1 v UPPINGHAM SCHOOL Girls**

Return to the hostel for dinner.

## Tuesday 22 October

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Breakfast at the hostel.

Sightseeing on foot around Heidleberg.

Lunch

Later in the day transfer to play the first matches of the tour in Mainz which is on the way back to Cologne.

**1730 hrs TSV SCHOTT MAINZ v UPPINGHAM SCHOOL Boys**

**1730 hrs TSV SCHOTT MAINZ v UPPINGHAM SCHOOL Girls**

There will be food after the matches.

After the hockey matches, transfer to COLOGNE and the Youth Hostel Koln Riehl where you will be based for two nights on a B&B for the first night and half board for the second night.

## Wednesday 23 October

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Breakfast at the hostel.

**tbchrs** This morning a COACHING SESSION will be organised for you at the WEITSTEINER STADIUM, with the services of locally based professional coaches, who will develop and advise key skills such as shooting, tactics, attacking and defensive skills, as well as game sense and movement, which you can put into practice during your tour games and beyond.

After lunch, enjoy an open top bus tour of the Cologne.

**tbchrs OPEN TOP BUS TOUR**

Return to the hostel for dinner.

**tbchrs** Dinner at the hostel.

## Thursday 24 October

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Breakfast at the hostel.

Check out of your accommodation and board your coach for transfer back into HOLLAND and on to NOORDWIJK, where you will be based in a hotel for three nights on a bed and breakfast basis.

Later, transfer to your first set of fixtures in Holland.

**tbchrs BARENDRECHTHC v UPPINGHAM SCHOOL Boys**

**tbchrs BARENDRECHTHC v UPPINGHAM SCHOOL Girls**

Evening meal

### Friday 25 October

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Breakfast at the hotel.

**0930 hrs** Walk to the local hockey astro at Noordwijk Hockey Club.

**1000 hrs TWO HOUR COACHING SESSION WITH A PROFESSIONAL DUTCH COACH**

**1200 hrs** End of coaching session.

Lunch

Free afternoon for local sightseeing.

Dinner

### Saturday 26 October

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**0800 hrs** Breakfast at the hotel.

**0900 hrs** Suggest you drive to the Specialist Hockey Shop in Amstelveen just to the south of Amsterdam for a visit

**0930 hrs** Visit to the shop for around an hour.

**1030 hrs** Transfer to Amsterdam for a Canal Cruise which will cost around £5 per person.

**1130 hrs CANAL CRUISE (1 hour)**

**1230 hrs** Lunch

**1330 hrs** Transfer to ALMERE and the ALMEERSE HOCKEY CLUB for your final set of matches.

**1500 hrs ALMEERSE HC v UPPINGHAM SCHOOL Boys**

**1500 hrs ALMEERSE HC v UPPINGHAM SCHOOL Girls**

Evening meal

### Sunday 27 October

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**0900 hrs** Breakfast at the hotel.

**1000 hrs** After breakfast this morning, check out of your accommodation and board your coach for the return journey to the HOOK OF HOLLAND.

- 1330 hrs** Arrive at the ferry port.
- 1430 hrs** Ferry departs to HARWICH. There are 38 passengers (plus driver) on this sailing.
- 2000 hrs** Arrive Harwich and re-board your coach for the journey back to UPPINGHAM SCHOOL and disperse for home (*own arrangements for getting to/from school*).
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***DATES, TIMES AND LOCATIONS OF FIXTURES SHOWN THIS ITINERARY  
REMAIN SUBJECT TO FINAL CONFIRMATION AND MAY BE SUBJECT TO CHANGE***

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