



FACILITY TIMETABLE FROM SEPTEMBER 2016

## Swimming Pool Timetable (Term Time)

	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00
Monday		07.00-09.45 Exception*		Aqua		12.00-13.00 Exception*	13.00-14.00							19.30-21.00	21.00-22.00	
Tuesday		07.00-09.45 Exception*				12.00-13.30	13.30-14.30					18.00-20.00	Swim Fit	21.00-22.00		
Wednesday		07.00-09.45		Aqua		12.00-13.30							19.00-21.00	21.00-22.00		
Thursday		08.00-09.45				12.00-13.30	13.30-14.30					Swim Fit	20.00-21.00	21.00-22.00		
Friday		07.00-09.45 Exception*				12.00-13.00						17.15-20.00				
Saturday		08.00-09.30	Swim Fit			12.30-13.15	13.15-14.00									
Sunday		08.00-09.00				13.00-14.00	14.00-15.00 F/S	15.00-16.00 F/S				18.00-18.45	18.45-19.30			

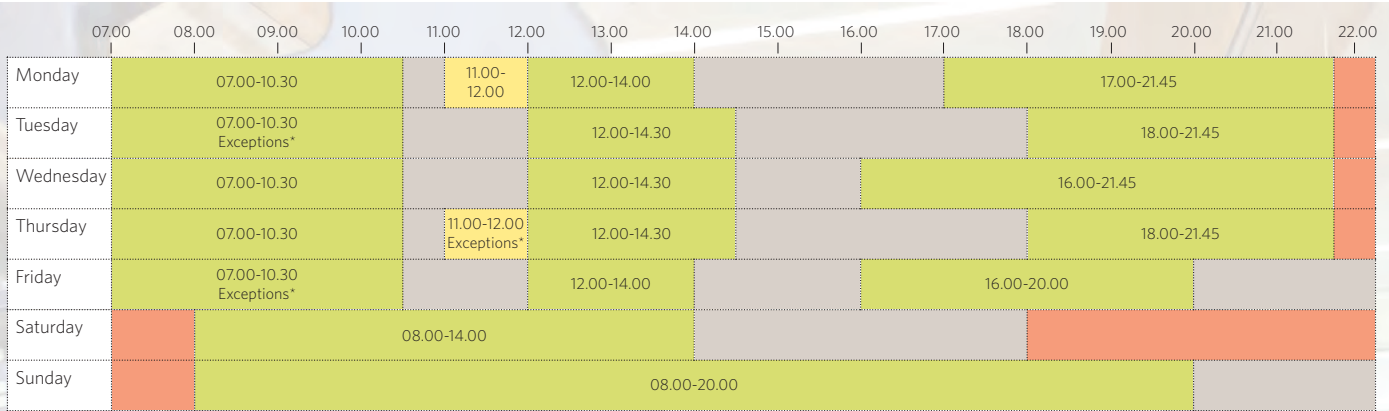
## Swimming Pool Timetable (Holiday Time)

	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00
Monday		07.00-09.45		Aqua	11.00-12.30	12.30-13.30	13.30-14.30 F/S					18.00-21.00	21.00-22.00			
Tuesday		07.00-09.45			11.00-12.30	12.30-13.30	13.30-14.30 F/S					18.00-20.00	Swim Fit	21.00-22.00		
Wednesday		07.00-09.45		Aqua	11.00-12.30	12.30-13.30	13.30-14.30 F/S					18.00-21.00	21.00-22.00			
Thursday		07.00-09.45			11.00-12.30	12.30-13.30	13.30-14.30 F/S					Swim Fit	20.00-21.00	21.00-22.00		
Friday		07.00-09.45			11.00-12.30	12.30-13.30	13.30-14.30 F/S					17.15-20.00				
Saturday		08.00-09.30	Swim Fit			11.30-13.15	13.15-14.00									
Sunday		08.00-11.00			11.00-12.00		13.00-14.00	14.00-15.00 F/S	15.00-16.00 F/S			18.00-18.45	18.45-19.30			

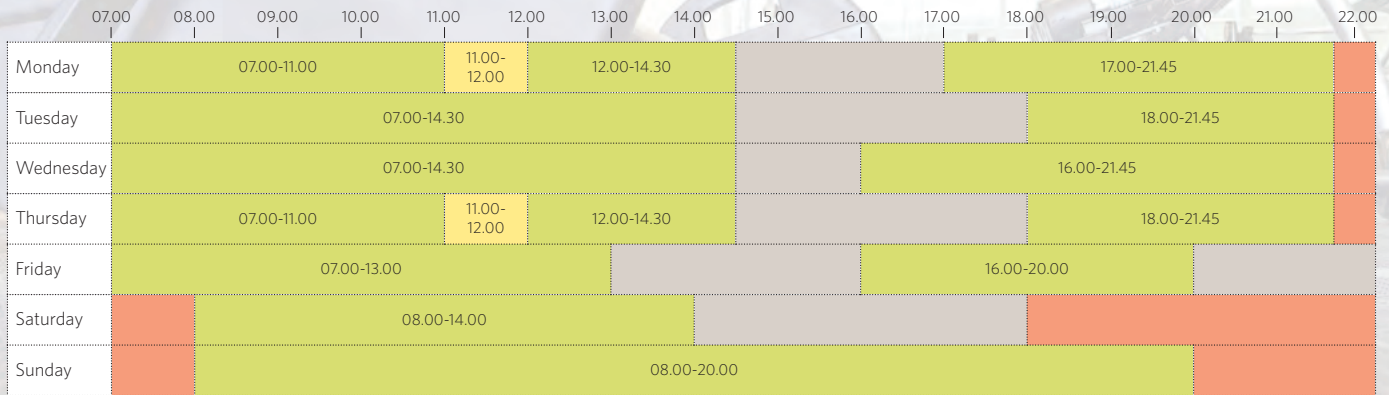
■ Members ■ Public (members access included) ■ Swim School ■ Classes ■ School Activities/External Hire ■ Parties ■ Closed F/S Fun Splash Session

See the back page for: • Term Time and Holiday Time dates • \*Exceptions

## Fitness Studio Timetable (Term Time)



## Fitness Studio Timetable (Holiday Time)



■ Members   
 ■ School Activities/External Hire   
 ■ Health & Wellbeing   
 ■ Closed

See the back page for: • Term Time and Holiday Time dates • \*Exceptions

# Available in alternative formats on request

Please find enclosed information for facility access at USSC. Below are a list of other facilities and activities available at the Centre. Should you require any further information please contact reception.

## Opening Hours

Monday	07.00 – 22.00hrs
Tuesday	07.00 – 22.00hrs*
Wednesday	07.00 – 22.00hrs
Thursday	07.00 – 22.00hrs*
Friday	07.00 – 20.00hrs
Saturday	08.00 – 14.00hrs
Sunday	08.00 – 20.00hrs

\*During term time USSC is closed to the public on Tuesday and Thursday between 14.30 - 18.00.

## Classes, Courses and Pricing

A variety of exercise classes and courses are available throughout the year. Our facilities are also available to hire. Visit our website or contact us for more information.

For all pricing and access information please refer to our pricing information which can be found on our website or at Reception.

## Table Tennis, Badminton and Squash Courts

All courts can be booked through Reception during our normal opening hours.

## Tennis

Tennis courts will be available from Monday 3rd April to the start of the Autumn term.

## Swimming Pool Exceptions

Monday members swimming session 07.00 - 09.45 will finish at 08.45 for the period 31st October to 12th December inclusive.

Monday members swimming session 12.00 - 13.00 will not run for the period 31st October to 12th December inclusive.

During Term Time, Tuesday members swimming session 07.00 - 09.45 will finish at 08.45 for the period 3rd January to 4th April inclusive.

During Term Time, Friday members session 07.00 - 09.45 will finish at 08.45 for the period 6th January until 7th April inclusive.

## Fitness Studio Exceptions

During Term Time, the fitness studio will be closed Tuesdays from 08.45 and re-open at 09.45 for the period 6th September to 13th December inclusive.

During Term Time, the fitness studio will be closed Fridays from 08.45 and re-open at 09.45 for the period 16th September to 9th December inclusive.

During Term Thursday Time Health and Wellbeing sessions will not run for the period 8th September to 8th December inclusive.

## Restrictions

The Sports Centre will have restricted access on: 9th October 2016, 6th November 2016, 19th March 2017, 14th May 2017, 27th May 2017.

## Bank Holidays

The Centre will be open 10.00 - 16.00 on Bank Holidays with the exception of Monday 1st May when normal operating hours will apply, and over the Christmas

period (see below).. For specific activity information on Bank Holidays please check at Reception and the website.

**Term Dates** The Holiday timetable will be used during the following periods;

### October half term

Monday 17th October to Friday 28th October 2016.

### Christmas

A Temporary Christmas timetable will be in place Monday 19th December 2016 to Monday 2nd January 2017 inclusive, which will be available from Reception and the website in advance.

### February half term

Monday 13th February to Friday 17th February 2017.

### Easter

Monday 10th April to Friday 21st April 2017 inclusive. A Temporary Easter timetable will be in place Friday 14th - Monday 17th April inclusive, which will be available from Reception and the website in advance

### May half term

Tuesday 30th May to Friday 2nd June 2017.

### Summer

Monday 24th July to Friday 25th August 2017.

For information about membership please contact:

Uppingham School Sports Centre, Leicester Road, Uppingham, Rutland LE15 9SE  
www.sportscentre.uppingham.co.uk ussc@uppingham.co.uk 01572 820830

For details of our Terms and Conditions please visit our website



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