



SUTTON GRAMMAR SCHOOL FOR BOYS

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12th Feb

Year 7 Challenge Days

Year 7 Challenge Day – Friday 24th Feb, 2017

Dear Parents/Guardians,

As part of the School Curriculum we will be running two Year 7 Challenge Days. Challenge Days provide pupils with opportunities to learn and be challenged beyond the normal classroom lessons. Challenge Days are designed to develop the boys' resilience and resourcefulness, their reflective and reciprocal skills as well as developing team work and social skills.

During the first Challenge Day pupils will explore and learn about healthy lifestyles. They will attend school as normal, register with their form tutor and will be sent to the hall for the day's activities. They will not be attending any of their normal timetable lessons. Lunchtime arrangements are as normal, either school canteen/packed lunch.

Boys will make a supervised visit to Sutton town centre. They will also take part in some fitness training. **As result we are asking that all Year 7 boys wear the school's tracksuits** instead of school uniform. **Boys should also wear trainers suitable for the gym.**

Boys will be handling and preparing food during part of the day but they will not be eating it – that pleasure belongs to the teachers! According to our records we have a very small number of Year 7 boys with food allergies and they should all have received a communication from myself regarding this. If your son has developed a serious food allergy since coming to school, could you please let me and the office know a.s.a.p. so that I can make special arrangements for him. If your son needs an EpiPen he should have it with him when going to Sutton town centre.

Thank you,

Simeon Brook – Assistant Headteacher.